## Individual Physical Exam Package (TAI-NAN)

Cathav Healthcare Management Address : 2F., No.185, Sec. 1, Yongfu Rd., Tainan City, Taiwan Tel : 412-8006(For direct dialing from mobile phones, please add 02.)

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Acadhaco Pasaracasaca B. Chrestmany with A Cybernel Protection region of Cybernel Protection region of Cybernel Protection of Cybernel Pr	Categories	ltems	Descriptions		+ Gastrointestinal	+ Cardiovascular	+	+ Gastrointestinal & Cardiovascular
South Park Common Commo	Gastrointestinal	Colonfibroscopy with Al Colorectal Polyp Detection	CO2 insufflation, Al colorectal polyp detection and customized anaesthesia for gastrointestinal assessments, including inflammation, ulcers, polyps, tumors or		•			exam
Popular de la contraction de réference de la contraction de la con		Fecal probiotics analysis	the gastrointestinal system but also the immunity and other organs. By testing specific probiotics, you will be able to gain an initial insight of the intestinal microenvironment. You may be further advised to consider additional nutritional counseling and improve		•			•
Button   Part		Amylase			•			•
Egypacticity Country C		Lipoprotein A	A lipoprotein (a) test is used to check for risk of stroke,			•		•
20 ECRIC of Intent  Conductoration  Conductoration  An accomment of the conductoration  And or or one conductoration  And or one conductoration  An accomment of the conductoration  And or one conductoration  An accomment of the conductoration  And or one conductoration  An accomment of the conductoration  And or one		high-sensitivity C-reactive protein	one of the markers of inflammation in the body.					•
Fig. Control Constitution Control Repetition Control Reptition Control Repetition Control Repetition Control Reptition Control Rept								
Cardiomatic Control Co								•
Section 2 Foliations						•		•
Accordance of the control Coloration Coloration and accordance declared.    Coloration C		1. Sodium 2. Potassium	reflect kidney, endocrine functions or nutritional status.			•		•
Mindred Protection 1 (2010) - Volume 1: Mindred Protection of the construction declarated in Mindred Protection of the construction of the constru	Examination		arrhythmias.					
Internal Role Variacality   system activities functional indices and nomerodists to destinate condition.		NT-ProBNP · CoQ10 · Vitamin E				ine two opiions;		ine two opiions;
Authitican Consulation  Active of role or consulation with an opticidation with an opticidation with an opticidation with an opticidation physical stable.  Authitican your furnishing presenting in the presence of furning disease or pulmonary furnishing.  Bernard and Furnishing in the present of furning disease or pulmonary furnishing.  Assess and consultation of the present of furning disease or pulmonary furnishing.  Be best early sceening the for furnishing and the present of furnishing and the pulmonary furnishing and the present of furn		Heart Rate Variability	system activities, functional indices and homeostasis to			(Choose one of		(Choose one of
Purmorany Function (Scheeling)  Remois als - Lung  Exemination  Low Does Lung CT  Low Does Low Lung CT  Low Low Lung CT		Nutrition Consultation	for the provision of dietary education as well as recommendation based on individual physical status.			the two options)		the two options)
Body Hegel	Theme Set - Lung Examination		the presence of lung diseases or pulmonary function abnormalities.				•	
Body Holp Model Body Weight Body Vergint Body Holp Recentage Body For Precentage Body			The best early screening tool for lung cancer! It can be used to specifically screen lung tumors, pneumonia,				•	
Body Holp Model Body Weight Body Vergint Body Holp Recentage Body For Precentage Body		Body Height		•	•	•	•	•
Soly Foll Processings		Body Weight			•			
Body Mass Index								
Composition elementary body   Exemplated   Secretary								•
Pulse Rote Physical Examination Lung Examination Chest Xroy PA & L Lat. View Pulse Description of Conducted by a physician.  Chest Xroy PA & L Lat. View Pulse Description of Conducted by a physician.  Chest Xroy PA & L Lat. View Pulse Description of Conducted Day a physician.  Chest Xroy PA & L Lat. View Pulse Description of Conducted Day a Physician.  Chest Xroy PA & L Lat. View Pulse Description of Conducted Day a Physician.  Chest Xroy PA & L Lat. View Pulse Description of Conducted Day and Day		Weight of Muscle     Weight of Subcutaneous&Visceral Fat     weight of water     Basal Metabolic Rate     Analysis of Obesity		•	•	•	•	•
Physical Examination  Lung Examination  Chest X-ray,PA & LLat. View  Pulmonary screening of inflammation, fibrois, tuberculosis, burnors or cardiomegaly.  Inglucerial  Total cholesterol  HDL-C  Risk factors of cardiovascular diseases or atheroscleross  LDL-C  Total Physical Examination  DL-C  Total Physical Examination  Blood sugar ever for diseases or atheroscleross  LDL-C  Total Physical Examination  DL-C  Total Physical Examination  Blood sugar ever for diseases or atheroscleross  LDL-C  Total Physical Examination  DL-C  Total Physical Examination  A form of hemoglobin fact diseases or atheroscleross  LDL-C  Total Physical Examination  A form of hemoglobin fact diseases or atheroscleross  LDL-C  Cardiovascular  and Metaboolic  System  ASE insulin  Insulin evere assessment of insulin or regulate blood sugar control.  AC insulin  Insulin evere assessment.  Evoluting the ballity of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of allowed is such eximation.  Besidence  ISH  Resting EKG  Screening of hyperthynoidism or hypothynoidism.  Resting EKG  Assessment of Altherosclerosis  Pulse wave velocity assessment in all four extermities for the screening of systemic arterial sclerosis or stenois.  An assessment used for I Poyer cardiovascular risk prediction based on basic demographics and lipid profile.  OCPI, AST  Total protein  Albumin  Globulin  Oscientifical Source invited in the screening of hyperia cardiovascular is prediction based on basic demographics or aliquid in the screening of systemic arterial sclerosis or stenois.  The screening of hyperia diseases caused by alichola or disponal is a cardiovascular is prediction based on basic demographics and lipid or disponal is a cardiovascular is prediction based on basic demographics and lipid or disponal is a cardiovascular is prediction based on basic demographics and lipid or disponal is a cardiovascular is a cardiovascular in the screening of hyperial is a cardiovascular in the screening of					•		•	•
Lung Examination  Chest X-ray,PA & LLat, View  Pulmonary screening of inflammation, fibrosis, tyberculosis, burners or cardiomegaly,  Inflaybeardie  Total cholesterol  HDL-C  Risk foctors of cardiovascular diseases or otherosclerosis  LDL-C  Total/HDL Ratio  Pulmular train  Fasting blood sugar  Blood sugar level for diabetes screening.  A form of hemoglobin that is measured primarily to identify the three-month overage plasma glucose concentration to evaluate blood sugar or insulin resistance  System  AC insulin  Hamaglobin AIC  Cardiovascular and Matabablic  System  Resistance  ISH  Screening of hyberthyvoidism or hybothyvoidism.  Fire IA  Screening of othoperthyvoidism or hybothyvoidism.  Resing EKG  Assessment of Altherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenois.  An assessment used for 10-year cardiovascular diseases or otherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of hyberthiro based on basic demographics and lipid profile.  GOT, AST  Uver CVD Risk Score  Digestive System  Digestive System  Digestive System  Total protein  Albumin  Globulin  Arti-HCV  The screening of bapdatis Svius infections or cardiones.  Insulin feveral cardiovascular diseases or otherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenois.  Insulin feveral cardiovascular risk prediction based on basic demographics and lipid profile.  Digestive System  Digestive System  Total protein  Albumin  Globulin  Arti-HCV  The screening of hapdatils S vius infections or cardiers.  Insulin feveral cardiovascular diseases.  Insulin feveral diseases.  Insulin fev					•	Ū	•	•
Description	Lung	,			•			
Total cholesterol		, ,	tuberculosis, tumors or cardiomegaly.		-	-		-
LDLC   Total/HDL Ratio		Total cholesterol	Disk factors of cardiovaccular discasses or attended area					
DL/HD ratio   Fosting blood sugar   Stood sugar level for diabetes screening.					_			
Fasting blood sugar Blood sugar level for diabetes screening.  A form of hemoglabin hat is measured primarily to identify the three-month average plasma glucose concentration to evaluate blood sugar control.  AC Insulin Insulin level assessment.  AC Insulin Insulin level assessment.  Evaluating the oblity of insulin resistance. This can be used to assess the risk of diabetes.  The oblity of insulin resistance. This can be used to assess the risk of diabetes.  The oblity of insulin resistance. This can be used to assess the risk of diabetes.  Screening of abnormalities such as myocardial ischemia, anthythmia, cardiamegaly or bundle branch block.  Assessment of Atherosclerosis Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.  An assessment set of In-year cardiavascular risk prediction based on basic demographics and lipid profile.  CGT, AST Uver function testing for hepatitis or liver cirrhosis  GFT, ALT screening.  Digestive System  Digestive System  Digestive System  Aliabumin assessment set of A diagnostic marker for liver diseases caused by alcohol or drugs.  Aliabumin assessments are for liver diseases caused by alcohol or drugs.  Aliabumin assessments are for liver diseases caused by alcohol or drugs.  Aliabumin assessments are for liver diseases caused by alcohol or drugs.  Aliabumin assessments.					_			
Hemoglobin A1c   identify the three-month average plasma glucose								
Cardiovascular and Metabolic System  Homeostasis Model Assessment of Insulin level assessment.  Evaluating the ability of insulin resistance. This can be used to assess the risk of diabetes.  ISH Free 14  Resting EKG  Screening of obnormalities such as myocardial ischemia, arrhythmia, cardiomegaly or bundle branch block.  Assessment of Atherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.  An assessment used for 10-year cardiovascular risk prediction based an basic demographics and lipid profile.  GOT, AST GPT, ALT Screening.  Liver function testing for hepatitis or liver cirrhosis Globulin  Jiver function, kidney disease and nutritional status assessments.  Digestive System  Digestive System  Digestive System  The screening of bile duct anomalies, hemolysis or billirubin Direct bilirubin Direct bilirubin Direct bilirubin Direct bilirubin The screening of hepatitis C virus infections or cardiers.	and Metabolic	Hemoglobin A1c	identify the three-month average plasma glucose	•	•	•	•	•
Assessment of Atherosclerosis    Continued   Continued		AC Insulin		•	•	•	•	•
Stephanol   Screening for hyperthyroidism or hypothyroidism.		Homeostasis Model Assessment of	and determine if there is insulin resistance. This can be	•	•	•	•	•
Resting EKG Screening of abnormalities such as myocardial ischemia, arrhythmia, cardiamegaly or bundle branch block.  Assessment of Atherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.  An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.  GOT, AST Liver function testing for hepatitis or liver cirrhosis GPT, ALT Total protein Albumin Globulin  Digestive System  A diagnostic marker for liver diseases caused by alcohol or drugs.  Alkaline phosphatase Total bilirubin Direct bilirubin Direct bilirubin Anti-HCV Hbs.Ag The screening of hepatitis C virus infections or carriers. HBS.Ag The screening of hepatitis R virus infections or carriers.			Screening for hyperthyroidism or hypothyroidism.					
Assessment of Atherosclerosis  Pulse wave velocity assessment in all four extremities for the screening of systemic arterial sclerosis or stenosis.  An assessment used for 10-year cardiovascular risk prediction based on basic demographics and lipid profile.  GOT, AST  GOT, ALT  Total protein  Albumin  Globulin  P-GT  A diagnostic marker for liver diseases caused by alcohol or drugs.  Alkaline phosphatase  Total bilirubin  Direct bilirubin  Direct bilirubin  Anti-HCV  The screening of systems of the screening of the patitis or liver cardiovascular risk predictions or carriers.  Pulse wave velocity assessment in all four extremities for the screenings.  An assessment used for 10-year cardiovascular risk predictions or carriers.  Liver function testing for hepatitis or liver cirrhosis  GOT, AST  Liver function testing for hepatitis or liver cirrhosis  Liver function, kidney disease and nutritional status  Consumption  A diagnostic marker for liver diseases caused by alcohol or drugs.  The screening of bile duct anomalies, hemolysis or bilitary obstructions.  HBsAg  The screening of hepatitis C virus infections or carriers.  HBsAg  The screening of hepatitis B virus infections or carriers.			ischemia, arrhythmia, cardiomegaly or bundle branch		•		•	•
Digestive System   Digestive S		Assessment of Atherosclerosis	Pulse wave velocity assessment in all four extremities for	•	•	•	•	•
GPT, ALT Total protein Albumin Globulin  Digestive System  Akkaline phosphatase Total bilirubin Direct bilirubin Anti-HCV HBSAg  Total protein  Liver function, kidney disease and nutritional status assessments.  Liver function, kidney disease and nutritional status assessments.  A dicagnostic marker for liver diseases caused by alcohol or drugs.  A dicagnostic marker for liver diseases caused by alcohol or drugs.  A dicagnostic marker for liver diseases caused by alcohol or drugs.  A dicagnostic marker for liver diseases caused by alcohol or drugs.  A dicagnostic marker for liver diseases caused by alcohol or drugs.			prediction based on basic demographics and lipid profile.					•
Total protein Albumin Globulin  Digestive System  Akaline phosphatase Total Dilirubin Direct bilirubin Anti-HCV HissAg  The screening of hepatifis B virus infections or carriers.  Total Direct bilirubin The screening of hepatifis B virus infections or carriers.  Liver function, kidney disease and nutritional status  A diagnostic marker for liver diseases caused by alcohol or drugs.  A diagnostic marker for liver diseases caused by alcohol or drugs.  The screening of bile duct anomalies, hemolysis or biliory obstructions.	Digestive System							
Adoumin assessments.  Globulin   A diagnostic marker for liver diseases caused by alcohol or drugs.  Alkaline phosphatase   The screening of bile duct anomalies, hemolysis or Direct bilirubin   Direct bilirubin   Direct bilirubin   Direct bilirubin   The screening of hepatitis C virus infections or carriers.  HBsAg   The screening of hepatitis B virus infections or carriers.		Total protein		•	•	•	•	•
Digestive System    Y-GT			assessments.					
Alkaline phosphatase Total bilirubin Direct bilirubin Anti-HCV The screening of bile duct anomalies, hemolysis or biliary obstructions.  HBsAg The screening of bile duct anomalies, hemolysis or biliary obstructions.  The screening of hepatitis C virus infections or carriers.  HBsAg The screening of hepatitis B virus infections or carriers.				•	•	•	•	•
Direct bilirubin   Direct bili					_			
Anti-HCV The screening of hepatitis C virus infections or carriers.  HBsAg The screening of hepatitis B virus infections or carriers.								
		Anti-HCV						

## Individual Physical Exam Package (TAI-NAN)

Cathay Healthcare Management Address : 2F., No. 185, Sec. 1, Yongfu Rd., Tainan City, Taiwan Tel : 412-8006/For direct dialing from mobile phones, please add 02.)

Categories	Items	Descriptions	Standard All-day Exam	Standard + Gastrointestinal Exam	Standard + Cardiovascular Exam	Standard + Lung Exam	Standard + Gastrointestinal & Cardiovascular Exam
Digestive System	OB, EIA	A test to screen gastrointestinal bleeding caused by tumors, ulcers or inflammation.	•		•	•	
	Upper Abdominal Sonography	A sonography for screening liver, gallbladder, pancreas, spleen and kidney diseases, including stones, tumors, liver cirrhosis, fatty liver or structural anomalies.	•	•	•	•	•
	Blood urea nitrogen	Kidney function assessment.	•	•	•	•	•
	Uric acid Creatinine	An indicator for hyperuricemia or gout.	•	•	•	•	
Kidney and Urology	eGFR	Kidney function assessment.	•	•	•	•	•
	Urine routine examination and Sediment	A routine urine test for the screening of renal/bladder diseases, urinary stone, urinary tract infection, diabetes or hepatobiliary disease.	•	•	•	•	•
Hematology	Complete Blood Counts 1. Leukocytes 2. Erythrocytes 3. Hemoglobin 4. Hematocrit 5. MCV 6. MCH 7. MCHC 8. RDW 9. Platelet Differential Counts	The use of blood cell counts for inflammation, infection or anemia assessments.	•	•	•	•	•
	Neutrophil 2.Lymphocyte     A.Eosinophil     Basophil	The screening of inflammation, infection, allergy or leukemia.	•	•	•	•	•
	Ferritin	Checking iron storage and evaluating iron deficiency anemia, chronic illness and chronic inflammation.	•	•	•	•	•
	Alpha-fetoprotein	A diagnostic marker for liver cancer.	•	•	•	•	•
	CEA	A diagnostic marker for lung adenocarcioma, colon cancer or gastrointestinal cancer.	•	•	•	•	•
Tumor Biomarker	CA19-9	A diagnostic marker for pancreatic cancer or bile duct cancer.	•	•	•	•	•
Torrior Biornaixer	PSA	A diagnostic marker for prostate cancer.	Male Only	Male Only	Male Only	Male Only	Male Only
	Free PSA	· · · · · · · · · · · · · · · · · · ·	Male Only	Male Only	Male Only	Male Only	Male Only
	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.	Female Only	Female Only	Female Only	Female Only	Female Only
Female Breast Examination	Automated Breast Volumes Scanner	An advanced ultrasounic mammography. The big probe covers entire breast and is allowed automatic segmental scanning for breast tumor, cyst or fibroma assessment	Female Only	Female Only	Female Only	Female Only	Female Only
	Gynecology	Vaginal examination and history taking by an	Female Only	Female Only	Female Only	Female Only	Female Only
Female	Pap smear	gynecologist.  A screening procedure for cervical cancer	Female Only	Female Only	Female Only	Female Only	Female Only
medicine	Gynecological ECHO	To check structural disease in the uterus or ovaries such as tumors or cysts.	Female Only	Female Only	Female Only	Female Only	Female Only
	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.	•	•	•	•	•
Skeletal System	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.	•	•	•	•	•
	Left Hip,BMD	The use of "dual-energy X-ray absorptiometry (DEXA)" for key points bone mass measurement to screen bone mass reduction or osteoporosis.	•	•	•	•	•
	Optical Coherence Tomography	Check macular degeneration, retinopathy, and optic neuropathy.	•	•	•	•	•
Eye Examination	Visual Acuity	Vision and color differentiation check up.	•	•	•	•	•
,	Ishihara Test for Color vision	Early screening of glaucoma based on the results of the	•	•	•	•	•
	intraocular pressure	intraocular pressure test.	•	•	•	•	•
ENT Examination	Pure Tone Audiometry 500~8000Hz	An hearing test using a precision instrument in a confined space. (500, 1000, 2000, 3000, 4000, 6000 or 8000Hz)	•	•	•	•	•
Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.	•	•	•	•	•
	Vitamin B12	Also known as cobalamin, it can assist the metabolism of crobohydrate, protein and fat; maintain the normal function of the nervous system, promote the formation and regeneration of red blood cells, prevent anemia, and reduce the risk factor of vascular sclerosis	•	•	•	•	•
	Folic acid	homocysteine. The relationship between folic acid and vitamin B12 is very close, as they are key substances in the hematopoietic system, earning them the designation of hematopoietic vitamins. They are essential elements for the synthesis of red blood cells in the bone marrow, playing a crucial role in cell division. Additionally, they can reduce the risk factors for atherosclerosis, such as homocysteine.	•	•	•	•	•
Consultation	Medical Consultation	A service provided by an attending physician, including report descriptions, patient education and recommendations for subsequent managements or follow-ups.	•	•	•	•	•
-	Health examination suit Exclusive meal		•	•	•	•	•
	kage Price (Male) (NTD)		\$ 15,300	\$ 32,300	\$ 25,800	\$ 22,800	\$ 42,800
Pac	hage Price (Female) (NTD)		\$ 18,500	\$ 35,500	\$ 29,000	\$ 26,000	\$ 46,000

Notes:

(1) All of the above health services will be conducted in either Gong-Yi Clinic, excluding imaging examinations in which will be conducted in Cooperative Medical Institution.

We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.

(2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.

(3) The contents of the health examination package cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.

(4) Expiration Date:2024.01.01~2024.12.31