

## Individual Physical Exam Package (TAI-NAN)

Cathay Healthcare Management Address: 2F., No.185, Sec. 1, Yongfu Rd., Tainan City, Taiwan Tel: 412-8006(For direct dialing from mobile phones, please add 02.)

Categories	Items	Descriptions	mobile phones, please add 0  Minimum Exam Economy Exam
Culegolies	Body Height	Descriptions	• CONOTTY EXCIT
General Examination	Body Weight	1	
	Waistline	-	
	Body Fat Percentage	1	
	Ideal Body Weight		
	, ,	Basic information established as baseline data for	
	Body Mass Index		
	Composition elementary body		
	1. Weight of Muscle	subsequent health exams.	
	2. Weight of Subcutaneous&Visceral Fat		
	3.weight of water     4. Basal Metabolic Rate		
	5. Analysis of Obesity		
	6. Assessment of Edema		
	Blood Pressure (sitting)		
	, ,,		
	Pulse Rate		
Physical	Physical Examination	A comprehensive inspection and assessment conducted	• •
Examination	,	by a physician.	
Lung Examination	Chest X-ray,PA & L Lat. View	Pulmonary screening of inflammation, fibrosis,	• •
5 :	· ·	tuberculosis, tumors or cardiomegaly.	
	Triglyceride		
	Total cholesterol		• •
	HDL-C	Risk factors of cardiovascular diseases or atherosclerosis	• •
	LDL-C	for risk assessments of cardiovascular diseases.	•
	Total/HDL Ratio		• •
	LDL/HDL ratio		• •
	Fasting blood sugar	Blood sugar level for diabetes screening.	• •
Camalia		A form of hemoglobin that is measured primarily to	<u> </u>
Cardiovascular and Metabolic	Hemoglobin A1c	identify the three-month average plasma glucose concentration to evaluate blood sugar control.	•
System	AC Insulin	Insulin level assessment.	• •
	AC ILISOILI	Evaluating the ability of insulin to regulate blood sugar	<del>                                     </del>
	Homeostasis Model Assessment of Insulin	and determine if there is insulin resistance. This can be	
	Resistance		
	TOLL	used to assess the risk of diabetes.	
	TSH	Screening for hyperthyroidism or hypothyroidism.	•
	Free T4		• •
	Resting EKG	Screening of abnormalities such as myocardial ischemia,	
		arrhythmia, cardiomegaly or bundle branch block.	
	GOT, AST	Liver function testing for hepatitis or liver cirrhosis	• •
	GPT, ALT	screening.	•
	Total protein	Liver function, kidney disease, and nutritional status	•
	Albumin	Liver function, kidney disease and nutritional status	•
	Globulin	assessments.	• •
		A diagnostic marker for liver diseases caused by alcohol	
	γ-GT	or drugs.	
	Alkaline phosphatase		• •
Digestive System	Total bilirubin	The screening of bile duct anomalies, hemolysis or biliary	• •
,	Direct bilirubin	obstructions.	
		The screening of hepatitis B virus infections or carriers.	
	HBsAg		
	Anti-HBs	The screening of immunity against hepatitis B virus.	•
	OB, EIA	A test to screen gastrointestinal bleeding caused by	• •
		tumors, ulcers or inflammation.	1
	Hamar Ababasis of Company	A sonography for screening liver, gallbladder, pancreas,	
	Upper Abdominal Sonography	spleen and kidney diseases, including stones, tumors, liver	
	Pland urag nitra san	cirrhosis, fatty liver or structural anomalies.	<del>                                     </del>
Kidney and Urology	Blood urea nitrogen	Kidney function assessment.	• •
	Uric acid	An indicator for hyperuricemia or gout.	•
	Creatinine	Kidney function assessment.	•
	eGFR		• •
		A routine urine test for the screening of renal/bladder	
	Urine routine examination and Sediment	diseases, urinary stone, urinary tract infection, diabetes or	• •
		hepatobiliary disease.	
Hematology	Complete Blood Counts		
	1. Leukocytes 2. Erythrocytes	The use of blood cell counts for inflammation, infection or	
	3. Hemoglobin 4. Hematocrit	anemia assessments.	
	5. MCV 6. MCH 7. MCHC		
	8. RDW 9. Platelet		+
	Differential Counts	The second section of the flow	
	1.Neutrophil 2.Lymphocyte	The screening of inflammation, infection, allergy or	• •
	3.Monocyte 4.Eosinophil	leukemia.	
	5.Basophil		
	Ferritin	Checking iron storage and evaluating iron deficiency	•
		anemia, chronic illness and chronic inflammation.	
Tumor Biomarker	Alpha-fetoprotein	A diagnostic marker for liver cancer.	• •
	CEA	A diagnostic marker for lung adenocarcioma, colon	
		cancer or gastrointestinal cancer.	
	PSA	A diagnostic marker for prostate cancer.	Male Only
	•		



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Tumor Biomarker	CA 125	A diagnostic marker for ovarian cancer or endometrial cancer.		Female Only
Skeletal System	KUB & LS Spine Lateral View	The screening of bowel obstruction, gallstones, urinary stone or lumbar/pelvic/hip diseases.		•
	C-spine X-Ray	To detect abnormalities in cervical spines, including spurs, spondylolisthesis or intervertebral stenosis.		•
Eye Examination	Visual Acuity	Vision and color differentiation check up.	•	•
	Ishihara Test for Color vision	vision and color differentiation check up.	•	•
	intraocular pressure	Early screening of glaucoma based on the results of the intraocular pressure test.	•	•
ENT Examination	Hearing Test 500~4000Hz	Basic hearing test at different frequencies. (500, 1000, 2000 or 4000Hz)	•	•
Nutrient & Mineral	25-OH Vitamin D,Total	One kind of fat-soluble vitamin lipovitamin used for in vivo calcium and phosphrous homeostasis.		•
Consultation	Medical Consultation (On line)	A service provided by an attending physician, including report descriptions.	•	•
Exclusive meal			•	•
Package Price (Male) (NTD)			\$ 6,500	\$ 8,500
Pachage Price (Female) (NTD)			\$ 6,500	\$ 8,500

## Notes:

- (1) All of the above health services will be conducted in either Gong-Yi Clinic, excluding imaging examinations in which will be conducted in Cooperative Medical Institution. We have the right to change inspection contents, items or service fees. In case of any amendments, shall you adopt the most recent updates.

  (2) If the above health examination programs were not to your satisfaction, please don't hesitate to contact us for further information or customized health examination programs.
- (3) The contents of the health examination package cannot be exchanged or refunded. An additional fee of \$1,000 will be charged for an English version of the report.
- (4) Expiration Date:2024.01.01~2024.12.31